

BEYOND MARKS

REVISION & RECALL TRACKER

Name: _____

Subject: _____ Chapter: _____

Instructions

Use this sheet after learning a topic. Instead of rereading repeatedly, revisit it at planned intervals. Each successful recall strengthens memory.

Topic I Am Learning

Date Learned

Revision Schedule

Recall Session	Date Planned	Date Completed	Recall Confidence (1-5)
Day 1 Recall			
Day 3 Recall			
Day 7 Recall			
Day 15 Recall			

What did I remember easily?

What did I forget?

What needs more practice?

How did my confidence change between Day 1 and Day 15?

Every successful recall makes forgetting harder.